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Happy Hair Days: 50 Tips for Healthy Hair

By Philip Kingsley, Ian McNee

Brubaker & Ford Ltd. Hardback. Book Condition: new. BRAND NEW, Happy Hair Days: 50 Tips for Healthy Hair, Philip Kingsley, Ian McNee, 50 tips for preserving and enhancing hair, by the world's 'Hair Guru'. A recent survey by shampoo manufacturers Pantene found that 89 per cent of women focus on their hair first when trying to look their best. Tricologist Philip Kingsley - the man who coined the phrase 'bad hair day' - is the world's expert on hair. With clinics in London and New York, he has a client list that includes celebrities, politicians and royalty - from Mick Jagger to Sigourney Weaver. Published to coincide with the fiftieth anniversary of Philip setting up as a tricologist, "Happy Hair Days" distils a lifetime of experience and gives fifty tips for preserving and improving hair. It also exposes many myths along the way. It also looks at questions such as: Does stress cause hair to fall out? Is dandruff dry scalp? Do blowdryers damage hair? Illustrated with two-tone cartoons throughout, "Happy Hair Days" communicates a wealth of advice in Philip's distinctive humorous and direct style. Whether you consider your hair to be your crowning glory or a problem that is going away all too fast, this...



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