



Sideline Help

By Marshall K. Steele

Human Kinetics Publishers. Paperback. Book Condition: new. BRAND NEW, Sideline Help, Marshall K. Steele, This manual has the information readers need to respond correctly to all 18 common sports injuries. It provides practical advice for making important decisions when an athlete is hurt and a medical professional isn't available. The book covers critical injuries, internal organ injuries, facial injuries and extremity injuries. For each injury, an easy-to-follow flowchart guides readers step-by-step through an on-field and sideline evaluation process. The flowcharts help them determine the type of injury sustained, the athlete's physical and mental status, the severity of the injury, whether to call for emergency help, whether the athlete needs to see a doctor, what first aid procedures should be started, and whether it is safe for the athlete to return to play.



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Reviews

Completely among the finest book I have actually read through. It is probably the most remarkable book we have study. I discovered this book from my dad and i suggested this book to learn.

-- **Georgiana Pacocha**

Thorough information! Its this kind of very good read. It is writter in basic words and not hard to understand. You wont feel monotony at anytime of your respective time (that's what catalogues are for regarding should you question me).

-- **Roel Bogisich Sr.**