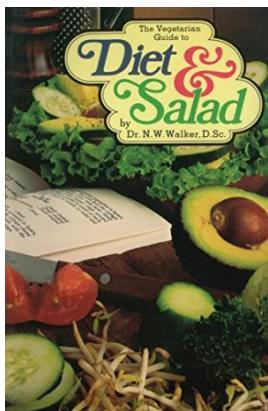


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# THE VEGETARIAN GUIDE TO DIET AND SALAD (PAPERBACK)



Book Publishing Company, United States, 2008. Paperback. Book Condition: New. Revised. 206 x 135 mm. Language: English . Brand New Book. Dr. Walker provides a wealth of information on the importance of proper nutrition and enzymes in relation to our health. this book is both a cookbook and a nutritional guide that belongs in every homemaker's kitchen. Inside Dr. Walker explains the chemical elements in foods-proteins, amino acids, carbohydrates, etc.-and also explains which food groups provide the best sources...

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- Authored by Norman W. Walker
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