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The Magic of Salt to Heal and for Beauty (Paperback)

By Dueep J Singh, Managing Director John Davidson

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Magic of Salt To Heal and for Beauty Table of Contents Introduction Production of salt Differentiate between rock salt and black salt How harmful is salt really? Salt to heal common ailments Buttermilk Diarrhea Recipe for Khichri - kedgeree Flatulence Headache Dandruff Removal Oil Taking Care of Tooth Trouble Cold and Cough Remedy Salt Fomentation Bronchitis Relief Arthritis relief Traditional arthritis oil Salt for Beauty Sea Salt Scrub Skin problems Pimples and acne Prickly heat Skin Moisturizer for Itching Eczema Cure Fungal skin infection cure Where Do You Buy Rock Salt/black salt? Salt in Your Cuisine Tips Tasty Salt Spicy Mix Appendix How to make onion flakes How to make ginger and garlic flakes Desi ghee Conclusion Author Bio Introduction In this book of our Miracle Series, you are going to know more about the power of a very common ingredient, found in every one's kitchen. This is salt, without which any salty dish is going to lose its savor and flavor. Imagine food without salt! Salt was held to be so precious...



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