



Making the Moments Count Leisure Activities for Caregiving Relationships

By Joanne Ardolf Decker

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New. Paperback. 208 pages. Dimensions: 9.0in. x 6.0in. x

0.5in. What do you do when the meals are over and the dressing

has been accomplished Those caring for a person with an illness

or disability who ask themselves this question can find a wealth

of answers in Making the Moments Count. For professional,

volunteer, and family caregivers, here is an invaluable guide for

creating meaningful and enjoyable activities. Whatever the ages

or circumstances of the people in a caregiving relationship, such

shared moments can bring positive changes in the present and

build memories to treasure in the future. In Making the Moments

Count, therapeutic recreation specialist Joanne Ardolf Decker

provides practical, doable suggestions for spending leisure time

with people of all ages who need care, whether they are

recovering from an illness, facing a terminal disease, or growing

older and more dependent on outside help. Caregivers are

obviously important in providing help with feeding, hygiene, and

health care. But they are also crucially important in caring for

the mind and spirit. This book will help caregivers accomplish

that part of their jobs when life is most difficult when the need for

joy and meaning is...



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