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The MammySlammy Mammograms with Courage and Humor

By Sharon Marler

iUniverse, Inc. Paperback. Book Condition: New. Paperback. 134 pages. Dimensions: 9.0in. x 6.1in. x 0.4in. Despite the knowledge that early detection of breast cancer can save lives, many still fail to schedule, or choose to ignore or postpone, appointments for mammograms because of misdirected embarrassment, lack of support, or fear. The MammySlammy book addresses the reasons for avoidance and tells how to erase all the excuses by turning the annual glamour shot into a celebration of life. It provides you with an innovative way to make mammography fun and stress-free as women wisely join together to ensure their good health and quality of life. Detect, isolate, and treat breast cancer before it becomes yet another tragic story. Have that yearly exam, but do it with friends, chocolate, gifts, balloons, and celebration! Welcome to a delightfully insightful book as a cancer survivor tells why she organized something as radical as MammySlammy Parties. Get ready for an enjoyable read that will make you laugh, and cry, and will motivate you to get out your pen and paper to plan your own day of fun, networking, and memorable activities. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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