


[DOWNLOAD](#)


Teacher Stress and How to Cope

By Jeffry Beers

LAP Lambert Academic Publishing Jul 2014, 2014.

Taschenbuch. Book Condition: Neu. 220x150x13 mm. Neuware - Teaching is stressful. The demands placed on teachers result in emotional exhaustion and burnout, causing many to leave the profession early. The purpose of the study was to examine whether the coping process utilized by teachers differed at different stages of their career. The current study utilized a portion of the baseline interview of a randomized waitlist control study conducted to explore the effects of a mindfulness-based program on teachers. After coding the interview data for each step of the coping process (i.e., demands, appraisals, ways of coping, resolution, and post-coping assessment), a Frequency Analysis was conducted to determine the rate of occurrence with which teachers report each step listed above. In addition, a series of Chi-square analyses were administered to explore whether there is an association between how the teachers responded to questions corresponding to each step of coping process. Finally, pairwise comparisons were conducted using data from each step to determine which groups of teachers differed from each other. The results indicated that teachers do indeed differ in terms of perceived stress and their chosen method of coping. 216 pp. Englisch.



[READ ONLINE](#)

[981.3 KB]

Reviews

Certainly, this is actually the greatest job by any author. It is definitely simplified but excitement inside the 50 percent of the book. I am just easily will get a delight of studying a composed pdf.

-- **Lelia Heidenreich**

The book is not difficult in read through better to recognize. It really is written in straightforward terms instead of confusing. I am happy to inform you that this is actually the finest publication i actually have read in my individual daily life and may be the best book for possibly.

-- **Valerie Heaney**

See Also



Psychologisches Testverfahren

Reference Series Books LLC Nov 2011, 2011. Taschenbuch. Book Condition: Neu. 249x191x7 mm. This item is printed on demand - Print on Demand Neuware - Quelle: Wikipedia. Seiten: 100. Kapitel: Myers-Briggs-Typindikator, Keirsey Temperament Sorter, DISG, Eignungstest für das Medizinstudium, Adult Attachment Interview,...



Programming in D

Ali Cehreli Dez 2015, 2015. Buch. Book Condition: Neu. 264x182x53 mm. This item is printed on demand - Print on Demand Neuware - The main aim of this book is to teach D to readers who are new to computer programming. Although...



Symphony No.2 Little Russian (1880 Version), Op.17: Study Score (Paperback)

Petrucci Library Press, United States, 2015. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.Composed in 1872 and first performed in Moscow at the Russian Musica Society on February 7, 1873, Tchaikovsky...



Adobe InDesign CS/Cs2 Breakthroughs

Peachpit Press, 2005. Softcover. Book Condition: Neu. Gebraucht - Sehr gut Unbenutzt. Schnelle Lieferung, Kartonverpackung. Abzugsfähige Rechnung. Bei Mehrfachbestellung werden die Versandkosten anteilig erstattet. - Adobe InDesign is taking the publishing world by storm and users are hungry for breakthrough solutions to...



My Brother is Autistic

Barron's Educational Series Inc.,U.S. Paperback. Book Condition: new. BRAND NEW, My Brother is Autistic, Jennifer Moore-Mallinos, Medical experts are just beginning to understand varying degrees of autism and its impact on both the autistic child and his family. This book describes an...



The Java Tutorial (3rd Edition)

Pearson Education, 2001. Softcover. Book Condition: Neu. Gebraucht - Sehr gut Unbenutzt. Schnelle Lieferung, Kartonverpackung. Abzugsfähige Rechnung. Bei Mehrfachbestellung werden die Versandkosten anteilig erstattet. - Praise for "The Java' Tutorial, Second Edition" includes: "This book stands above the rest because it has...