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Drills Exercises for Pool and Pocket Billiard: Table Layouts to Master Pocketing Positioning Skills

By Allan P. Sand

Billiard Gods Productions. Paperback. Book Condition: New. Paperback. 156 pages. Dimensions: 11.1in. x 8.5in. x 0.6in. These drills and exercises are based on the concept of progressive advancement. Start with an easy setup, prove that you can make that 4 out of 5 times, and then make the shot slightly more difficult. Keep on pushing the limits as far as the table edges allow. Bring this to the table along with your paper reinforcement rings (donuts) and you are ready to improve yourself. Study this material in two steps. 1. THINK FIRST. In the comfort of your favorite easy-chair or recliner, review each table layout and thoughtfully consider the ball positions. Consider what you would have to do. The table layout might require different shooting speeds (slow, medium, fast), different spins (draw, follow, sideEnglish). Make a list of your practice requirements for your current skills and identify the exercises necessary. 2. Take the book to the practice table with your donuts and work on owning the shots you selected. Pencil in where your Comfort and Chaos Zones meet on the exercise (and mark the date). Over time, you may need to buy a second book just to keep track of all...



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