



The Art of Bliss: Finding Your Center, Getting in the Flow Creating the Life You Desire

By Tess Whitehurst

Llewellyn Publications. Paperback. Book Condition: New. Paperback. 312 pages. Dimensions: 7.9in. x 5.1in. x 0.9in. Live the Life of Your Dreams! Bring harmony and balance to every area of your life with this gentle and loving guide to beautiful living. Use the energy of bliss to transform yourself, healing your spirit and aligning with your most ideal flow. In her lighthearted, easy-to-read style, Tess Whitehurst introduces you to the nine life keys: serenity, life path, synchronicity, creativity, romance, radiance, prosperity, resilience, and synergy. Through simple, soul-nourishing metaphysical techniques, you'll learn how to manifest your true desires and reconnect with your natural state of bliss. This remarkable book's holistic blend of Eastern wisdom and alchemical essences fuels your personal evolution with affirming rituals, symbols, deities, herbs, and many more energetically potent tools. The Art of Bliss is more than a guide; it's a way of life, serving as the trusty compass on your lifelong spiritual path. Praise: Joseph Campbell said to follow your bliss, but who knows how to find it? Tess Whitehurst will show you how. Penney Peirce, author of Frequency and The Intuitive Way: The Art of Bliss is an outstanding work that is destined to become a classic. Melissa Alvarez,...

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